

# Qualities of a Good Nurse

Nursing is a field that demands much from those who pursue it. Long hours and the strain of working with ill and stressed people on a daily basis make it challenging. You should demonstrate these qualities during your employment interviews.

1. **Caring nature:** Nurses deal with the sick and injured and their families on a daily basis, and must be able to show that they truly care about the situation.
2. **Empathic attitude:** Nurses must be able to put themselves in their patients' shoes to provide the quality care needed.
3. **Detail oriented:** Nurses must remember to make entries on patients' charts and to bring medications at the correct times.
4. **Emotionally stable:** Nurses feel the joy of seeing a new baby born as well as the pain of losing a long-term patient. Emotional stability is crucial to deal with the wide range of emotions nurses must endure.
5. **Adaptable:** People are unpredictable at the best of times, but become even more so under stress, so a nurse's typical workday will require flexibility and adaptability.
6. **Hardworking:** Nursing is a never ending job. It is unusual for a hospital or medical center to be overstaffed, which of course means more workload on each nurse in the unit.
7. **Quick thinker:** When a nurse notices something is not right with a patient, they must be able to make decisions quickly and put their plans into action instantly, because a fraction of a second can mean the difference between life and death.
8. **Physical endurance:** Nurses are on their feet all day, sometimes 12 or more hours at a time, and are often required to assist patients with activities that require physical strength.
9. **Good judgment:** A nurse must be able to look at a patient's current state and accurately assess what is needed, especially during emergencies.
10. **Good communication skills:** Nurses must communicate with other nurses, doctors, patients, and patients' families clearly and